



# ଚିରନ୍ତନ Chirantan (Newsletter)

Editor: Dr. Bigyani Das

ଓଁ ଜୟ ଜଗନ୍ନାଥ ଜୟ ଜଗନ୍ନାଥ ଜୟ ଜଗନ୍ନାଥ ଓଁ



ବିଂଶତି ସଂଖ୍ୟା, ଫେବୃଆରୀ ୨୦୦୮, 20th Issue, February 2008 <http://www.iogaworld.org>

ଯତୋ ଯତୋ ନିଃକଳଚି ମନଃଞ୍ଜଳମସ୍ଥିରମ୍ ।  
ତତସ୍ତତୋ ନିୟମୈତଦାତ୍ମନୈସବ ବଶଂ ନୟେତ୍ ॥

*yato yato nischalati manas chanchalam asthiram  
tatas tato niyamyaitad atmany eva vasam nayet*

ଏହି ଶ୍ଳୋକଟି ଭଗବତ୍ ଗୀତାର **ଷଷ୍ଠ ଅଧ୍ୟାୟରେ** ବର୍ଣ୍ଣନା କରାଯାଇଛି । ଶ୍ରୀ ଭଗବାନ କହିଲେ - ମନ ଅତି ଚଞ୍ଚଳ ଓ ଅସ୍ଥିର । ତା'ର ଏହି ସ୍ୱଭାବ ଯୋଗୁଁ ଯଦି ମନ ବିଚଳିତ ହୁଏ, ଅର୍ଥାତ୍ ଅନ୍ୟତ ଚାଲିଯାଏ, ଧ୍ୟାନର ବସ୍ତୁଠାରୁ ଦୂରେଇଯାଏ, ତାହାହେଲେ ବ୍ୟକ୍ତି ସେଠାରୁ ତାକୁ ଫେରାଇ ଆଣିବା ଉଚିତ୍ ଏବଂ ଆତ୍ମାର ଅଧୀନରେ ପୁଣି ଅବସ୍ଥାପିତ କରିବା ଉଚିତ୍ ।

Lord Krishna said to Arjuna in verse 26th of Chapter 6 (Yoga of Self Control – Dhyanyoga) - “The nature of the mind is flickering and unsteady. But a self-realized yogi has to control the mind and constantly direct to the Atman.”

## Chhapana Bhoga Offering to the Deities on December 2007 Bhajan Program

On December 15, chhapana-bhoga (56-items) offering was made to the deities Lord Jagannath, Lord Balabhadra and Devi Subhadra. Devotees from Washington DC area prepared the prasad with



rules set-up for prasad making. Urmila Sahoo was the coordinator for the event. Bhajan was presented by many devotees and prabachan was given by Swamiji on the meaning of

"Sarba dharmaani parijyaja, maamekam saranam braja".

ରଞ୍ଜିଆ ରଞ୍ଜବଦନ ଦେଖଲୋ ସହୀ

Rangia Ranga Badana Dekhalo Sahi  
ବିଞ୍ଜାନୀ ଦାସ, ଡେଟନ, ମେରୀଲାଣ୍ଡ



ରଞ୍ଜିଆ ରଞ୍ଜବଦନ ଦେଖଲୋ ସହୀ

ମୋହନ ମୁରଲୀ ସୁର କରଲି ବାଇ । ଘୋଷା

ମାରି ପିତକାରୀ କଲା ମନ ଚୋରି

ମାୟା ଭେଳିକି ଲଗାଇ । ଏ

ସେ ବାଞ୍ଛାହାଣୀ ସେ ତିଭଙ୍ଗ ଠାଣି

ଧୃତି ମୋ ଦେଲା ତୁଟାଇ । ୨।

ଶ୍ରୀରଞ୍ଜ ଅଧର ହସ ସୁମଧୁର

ବିବେକ ଦେଲା ହଜାଇ । ୩।

ଶ୍ୟାମ ଅନୁରାଗ ଅବିର ପରାଗ

ପରାଣ ମୋ ନେଲା ମୋହି । ୪।

ଆଜି ଆସିଛି, ଆସିଛି ହୋରି

March 22, 2008

Sri Siva-Vishnu Temple Auditorium  
(Hori announcement in back side)



Guhari Totere Kalia:

The Nature of God:

Fund Raising for Educational Projects:

Shashadhar Mohapatra

Brahmapriya Sen

Naresh Das, Dharendra  
Kar and Hemant Biswal

Thanks to the Sponsors

Holi Information

**Chirantan**

Bi-annual newsletter of

Jagannath Organization for Global Awareness,  
(JOGA)

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## POEMS/STORIES/ESSAYS

### ଗୁହାରି ତୋତେରେ କାଳିଆ

ଶଶଧର ମହାପାତ୍ର, ମେରୀଲାଣ୍ଡ

ହେ ନୀଳାଚଳ ବିହାରୀ  
ହେ ମୋହନ ବଂଶୀଧାରୀ  
ତୁମକୁ ଦେଖୁଅଛି  
ମନ ମନ୍ଦିରରେ,  
ସଞ୍ଜେବ ରକ୍ତରେ,  
ଏକାନ୍ତ ବେଳାରେ,  
ଘନ ଅନ୍ଧକାରେ  
ଆଖି ବନ୍ଦଥିଲେ ।



ତୁମକୁ ଦେଖୁଅଛି  
ପୂଜା ସମୟରେ,  
ଆରତୀ ବେଳାରେ,  
ଭକ୍ତ ମେଳରେ,  
ପ୍ରାର୍ଥନା ସଭାରେ  
ପ୍ରବଚନ ବେଳେ ।

ତୁମେ ବି ଅଦୃଶ୍ୟ ହୁଅ  
ବସିଥିଲେ ତୁମରି ସାମ୍ନାରେ,  
ମନ୍ଦିର ଭିତରେ,  
ଅତି ନିକଟରେ,  
ଦିବା ଆଲୋକରେ  
ଆଖି ଖୋଲାଥିଲେ ।

କେତେବେଳେ ଦିଶ ଏକ,  
କେତେବେଳେ ଏକରୁ ଅନେକ,  
କେତେବେଳେ ହସୁଥାଅ,  
କେତେବେଳେ ତ୍ରୁଣ ଠାଣିରେ ନାଚୁଥାଅ,  
କେତେବେଳେ ବସିଥାଅ ହୋଇ ମୁକ୍ତ,  
କେତେବେଳେ କଳା ଘୋଡ଼ା ଚଢ଼ି  
ସାଜିଥାଅ ଓଡ଼ିଆ ପାଇକ ।  
କେତେବେଳେ ଝାପ୍ପା ଦିଶେ ତୁମ ମୁହଁ  
କେତେବେଳେ ଲୁଚି ଲୁଚିଯାଅ  
ତେବେ ତୁମେ କୁହ ?

ଏ କି ଗୁପ୍ତ, ଏ କି ତୁମର ଗୁମର  
କାହିଁକି ଏମିତି କର ?  
ଚାରିଆଡ଼େ ଖୋଜେ ମୁହଁ  
ମୋର ଆଉ ଚାରା କାହିଁ ?

ହେ ଲୀଳାମୟ !  
ଲଗାଇ ଦିଅ ଭେଲିକି  
ଖୋଜୁ ଖୋଜୁ ଧକିଯାଏ  
ଲୁଚି ଡେବେ କାହିଁକି ?

ହେ ଗିରିଧାରୀ  
ହେ ମୁରାରି  
ଏତେ ଚାଣପଣ  
ଏ କି ବାହାଦୁରୀ  
ଭକ୍ତର ବନ୍ଧୁବୋଲି  
ଛାଡ଼ କାହିଁ ହୁରି ?

ଏ ଘୋର କଳିଯୁଗରେ  
ବୁଡ଼ିଛି ମୁଁ ପାପ, ତାପ ଭରା ଏ ସଂସାରେ  
ଢାଙ୍କି ହେଇଛି ମୁଁ ମିଛ ଓ ମାୟାରେ  
ଅକର୍ମା ମୁଁ, ଅନ୍ଧ ମୁଁ,  
ପରଲ ଘୋଷିଛି ମୋ ବେନି ନୟନରେ  
ପଛୁ ହୋଇଛି ମୁଁ ମୋ ପଦ ଯୁଗଳରେ  
ତଥାପି ଖୋଜୁଛି ମନ  
ପାଇବାକୁ ଚିକେ ଦରଶନ  
ଧନ୍ୟ ହେବ ବୋଲି ଏ ଜୀବନ  
ଜପ, ତପ, ଯୋଗ, ଧ୍ୟାନେ ନାହିଁ ମନ  
ମନ ଭଡ଼େ ଏଣେ ତେଣେ ପ୍ରତିକ୍ଷଣ  
ଧୂଳି ଏ ପାପୀର ଜୀବନ  
ଖୋଜୁ ଖୋଜୁ ଯାଉ ବରଂ ପ୍ରାଣ ।

ହେ ବାଙ୍କ ବିହାରୀ  
ହେ ଶଙ୍ଖ ବଜ୍ରଧାରୀ  
ନା ତୁମର ଚିନ୍ତା, ନା ତୁମର ଭାବନା,  
ପଶ୍ଚା, ପଞ୍ଚିଆରୀ କରନ୍ତି ନିତି ଉପାସନା,  
ଷୋଡ଼ଶ ଉପଚାରରେ ଲାଗୁଅଛି  
ତୁମ ପାଇଁ ପୂଜା ଓ ପାର୍ବଣ,  
ଷାଠିଏ ପରଟି ଭୁଞ୍ଜି

ଆନନ୍ଦରେ କଟାଅ ଜୀବନ  
ଏ ଦୁଃଖୀର ଦୁଃଖ କେବେ ଶୁଣ ?  
ଦୁଃଖରେ କାଟୁଛି ମୁଁ ଯେ ବାର୍ଦ୍ଧକ୍ୟ ଜୀବନ ।

ଚିନ୍ତା ନାହିଁ ଚିନ୍ତାମଣି  
ଆସିଲାଣି ଲେଉଟାଣି ବେଳ  
ସମୟ ଦେଲାଣି ବାର୍ତ୍ତା  
ବାଜିଲାଣି ଏବେ ଘଣ୍ଟ  
ବଞ୍ଚିବାର ଲୋଭ ତେଜି  
ମୋହ, ମାୟା ସବୁ ହେଜି  
ଫେରିଯିବି ଚିକିଏ ସମ୍ଭଳ  
କୁହ ତେବେ ?  
କେତେ ଆଉ ଖେଳୁଥିବି ଖେଳ ?

ହେ ଜଗତ ଠାକୁର ?  
ହେ କରୁଣା ସାଗର ?  
ତୁମକୁ କ'ଣ ଲୁଚାଇବି ?  
ତୁମକୁ କ'ଣ ଲାଖ ଦେଇ ଭୁଲାଇବି ?  
ତୁମେତ ଜ୍ଞାତ ସାଗର  
ତୁମକୁ କ'ଣ, ଅଜଣା, ଅଗୋଚର ?  
ହେ ଜଗମୋହନ!  
ମୁଁ ଦୀନ ଅକିଞ୍ଚନ  
ମାନ କି ନମାନ  
ଶୁଣ କି ନଶୁଣ  
ତୁମେ ମୋର ରାଜା  
ମୁଁ ତୁମ ପୂଜା  
ତୁମେ ସେବ୍ୟ  
ମୁଁ ତୁମ ସେବକ  
ତୁମେ ଦାତା  
ମୁଁ ତୁମ ଗ୍ରହୀତା  
ତୁମ ବିନା ମୁଁ ଏକ ଦରିଦ୍ର ଭିକାରୀ  
ତୁମ ବିନା କିଏ କରିବ ଭରୁ ପାରି ?  
ହେ ବହୁଶୁଣ ଗୋସାଇଁ!  
ଭରସା ରଖୁଛି ଜନ୍ମ ଜନ୍ମ ପାଇଁ ।

## The Nature of God

*Brahmapriya Sen, Columbia, MD*

Many people think that God created this earth, laid out some rules and kept on watching us. The evolution of this earth, as we know it, scientifically or otherwise, has been staggering. There have been growth and prosperity. In fact, if you look closely, you will notice that we always have progressed for better despite many events those dragged us down.

All across the globe, we have improved our standards of living, been more civilized, educated, realized the importance of co-existence with our fellow human beings and nature. Any facets of life you look at, we have made tremendous strides and the pace of change has taken even a greater momentum now. There is the internet that binds people thousands of miles apart. The all orbiting satellites let us catch the glimpse of the far flung universe. Our perception of this world has become flat.

The question begs the answer "Is this our true nature?" The answer is an emphatic "YES" and that's exactly what the nature of God is. God did not just rest in peace after creating this world. He is constantly changing it, providing new direction, always for better through us. God is the spirit without any shape or form. We are His manifestation in flesh and bone. Our nature is God's nature and we are all inseparable.

Where am I going with all these?

The answer lies in the direction we need to follow in our lives. The intent of life is to manifest His true nature, in other words, to create prosperity in our everyday action. We need to always keep moving, create new things, improve the status quo and explore new heights. In the process we encounter obstacles, feel uncomfortable with the uncertainty and face little heartburn. But, the pleasure that awaits us at the destination being the co-creator of God far surpasses the misery that engulfs us being in the same place. The thing to realize is not to stand still or rest in the laurels for the dynamism of the world will run you over. Does that mean we need to be constantly on the chase? Obviously this is not the case. We need to work when we need to and rest in between, savor the moments of our life that God has given us. The thing not to do is to sit still when you are supposed to take action.

So, go ahead, make that plan, take that courageous decision, and thread that unsheltered territory. Be bold and comfortable with the unknown. There lies your peace, love and happiness, the alpha and omega of life.

## Fund Raising for Educational Projects

*Naresh Das, Dayton, MD*

JOGA has established a satellite science center in Unit I high school in Bhubaneswar, Orissa, India. This center is providing laboratory facility for students of Unit I high school as well as students of other nearby high schools in



Picture of science lab in Unit I high school in Bhubaneswar

the vicinity. This center will also be used for high school science teachers training program. Our goal is to promote science education through group activities and

conducting science Olympiad. It is planned to host an open house at the science center in Unit high school, Bhubaneswar on Feb 19<sup>th</sup>, 2008. Teachers and students of about ten nearby high schools are expected to join and participate in hands-on experience in conducting experiments in the laboratory. Our heartfelt thanks are due to the following donors who have contributed to JOGA educational fund. Our goal is to raise \$10,000.00 and we invite you to contribute to this noble cause. The check in favor of "JOGA" can be sent to 4525 Rutherford Way, Dayton, MD, 21036. JOGA is a 501(c)3 tax exempt organization and hence your donation is tax deductible.

Binod and Bandita Nayak, MD  
Narayan and Kalyani Sahu, TX  
Kailash and Meena Sahu, MD  
Debanand and Deepa Das, MD  
Shashadhar and Meera Mohapatra, MD  
Naresh and Bigyani Das, MD  
Shidharth and Reena Das, VA  
Bhabani and Shila Das, VA  
Hemant and Priti Biswal, VA  
Dhirendra and Madhumita Kar, NC  
Nrusingha and Bandita Mishra, MD  
Suresh and Niva Kodelikar, MD  
Subhendu and Ranu Mohanti, MI  
Abani and Shila Patro, VA  
Sandeep and Madhabi Mukhi, MD

Total Fund raising amount: \$2775.00

Expenses: Laboratory manager expenses: \$ 775.00  
Adopt a school program \$ 400.00

Total Expenses: \$1175.00

Besides science teachers' refresher course, JOGA started a new program called "adopt a school". In this program, the donor can identify the school he/she wants to adopt.

JOGA will facilitate the project and work with the school administration for success of the program.

We invite you to visit our webpage: [www.jogaworld.org](http://www.jogaworld.org) to get more information on various educational projects. The purpose of this letter is to solicit your donation to support any of the above mentioned projects. Your support will send a strong message to support quality education through training and community involvement to other members of the community.

Your generous donation will be deeply appreciated by the Board of Directors of the organization. JOGA is a non-profit tax-exempt organization and hence all the donations are tax deductible. **The checks in favor of "JOGA" should be sent to JOGA, 4525 Rutherford Way, Dayton, MD 21036.**

**Bhajan Program sponsors:** We thank all the families for regularly participating in bhajan program activities. Our heartfelt thanks to the following families for sponsoring feasts on different months:

*Anil and Swagatika Das, VA*  
*Naresh and Bigyani Das, MD*  
*Sarat and Sujata Dalai, MD*  
*Debaki and Anjana Chowdhury, MD*  
*Joy Gopal and Sulochana Mohanty, MD*  
*Urmila Mohapatra, VA*

**Bhajan Schedule: Third Saturday of every month**  
**Place: Hindu Temple, 10001 Riggs Road, Adelphi, MD 20783 (Tel: 301-445-2165)**

**6:00 –9:00 PM Bhajan, Philosophical Discussion, Arati, and Prasad**

**Today's thought:**

"Three grand essentials to happiness in this life are something to do, something to love, and something to hope for." - Joseph Addison

## HOLI FESTIVAL

Organized by

Jagannath Organization for Global Awareness (JOGA)

[www.jogaworld.org](http://www.jogaworld.org)

**March 22, 2008**

**Saturday, 4:00 PM - 9:00 PM**

**Sri Siva Vishnu Temple Auditorium**

**6905 Cipriano Road  
Lanham, MD 20706,  
Ph. (301) 552-1204**



**Program:**

- ❖ Holi procession of Deities
- ❖ Arati and Bhajan
- ❖ Cultural: Songs, Dances, Drama "Mahalaxmi", Play by Adults, Talent Shows and much more
- ❖ Prasad/Dinner

**Contacts:**

**Please confirm your participation by March 8, 2008 to any of the following volunteers. For cultural participation, please confirm by February 25, 2008.**

*Bigyani Das (410) 531 7445; Meera Mohapatra (301) 879 8188; Urmila Sahu (301) 540 5920; Bandita Mishra (301) 540-4641; Sikha Sen (410) 531 1943; Julie Acharya Ray (443) 992 4217; Arun Ojha (240) 715 1704; Joy Gopal Mohanty (410) 796 0608.*

**Donations: Family-\$30, Single-\$15**

**Balabhadra Sponsorship: \$200.00**

**Subhadra Sponsorship: \$150.00**

**Jagannatha Sponsorship: \$100.00**

**(All donations are tax deductible)**

*The donation amount includes a copy of JOGASUTRA Vol II and Bhajan CD JOGADHARA.*

**Direction to the temple:**

**From I 495 (beltway):** Take Baltimore Washington parkway towards Baltimore. From B-W parkway take 193 east (Greenbelt Road). Go approximately 1 mile on Route 193. Make right turn onto Cipriano Road. The Temple is on the left.

**From Silver Spring, Bethesda, Tysons Corner:** Take I 495 (Beltway) to exit 22A (B-W Parkway towards Baltimore). Exit immediately towards NASA Goddard Space Center. Left turn at Route 193 to Greenbelt Road. Go approximately 1 mile on Route 193. Make right turn onto Cipriano Road. The Temple is on the left.